



BULLETIN

May 2023

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING MINUTES OF APRIL 15, 2023**

Call to order: The Chair, Valerie D., called the meeting to order at 9:30 A.M. The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Guy H.

Present: Guy H., John C., Valerie D., Zach M., Israel A., Office Manager

Present by phone: Andre G., Arnie B., Gary M., Jo K., and KC B., International Executive Secretary

A. Minutes for March 18, 2023:

A motion was made to approve the minutes as written:

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0**

B. Operating Statement for March 2023:

A motion was made to approve the March 2023 Operating Statement as written.

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0**

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners – two, CA-2
- New Cans – none
- Group Information requests forms received – one, Seattle, WA (registration only)
- Group information request forms received prior to sending starter kits - five.
- Five Starter Kits were sent out as follows after receiving the Group Information Forms for the month of March: Burbank, CA, Plymouth, MA, Trenton, NJ, Oregon, OH, and Ajax, ONT

- Prison starter kits – none
- Venmo and Zelle donations were \$1,738.88: Groups \$1,090.00, 1x Donations \$237.88, Life-Liner Donations \$210.00, I.S.O. Can Donations \$101.00, Intergroups Donation \$50.00, Ohio B.O.T. Reg. \$50.00.
- Issues with the online ordering system on the website appear to be resolved. There have been no calls regarding issues or errors in the last two weeks.
- The new Blue Book has been ordered and should be shipped after May.
- A question was raised as to the unit cost, and it was determined that the B.O.R. will vote on the price of the updated version after the books are received.
- It was reported that there are 830 in stock of the “old” books, which is about an 8-month supply. The prior version will not be sold after the updated version is published.

B. International Executive Secretary Report – KC B.

- March bulletin completed and sent to printer.
- Working on April bulletin.
- Still preparing items for Cleveland including attendance sheets, motion sheets, and Lifeliner statistics for a 12-month period.
- Received registrations for Spring B.O.T. meeting. As of 4/14/2023, there were 27 Trustees pre-registered.
- B.O.T. Literature Committee member currently proofreading the new Group Handbook. This may be completed and sent to the I.S.O. before the Cleveland B.O.T. meeting.
- Assisted John C. with Lifeliner numbers and totals.

C. By-Laws Committee Report – Jo K.

- Although research is continuing, the Committee did not meet this past month because we want to wait for the results of the B.O.T. agenda item #27 regarding the proposed change of the By-Laws from approved literature to appropriate literature.

- Jo K. reported that she is going to the B.O.T. meeting and will speak to Trustees regarding the item.

D. Finance Committee – John C.

- The Committee had a meeting on April 4, 2023. Topics discussed included:
- A fundraiser for March of 2024.
- A flyer to raise awareness of the importance of becoming a Lifeliner.

NEW BUSINESS

A. DISCUSS NEW EVENT IN THE SPRING “UNITY WEEK.” – Andre G.

A motion was made to table the discussion.

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0**

B. REVIEW B.O.T, AGENDA ITEMS FOR THE MAY 2023 MEETING. – Val D.

- The B.O.R. went through items on the agenda that affect the I.S.O. and members expressed their opinions to the Chair.

C. DISCUSS FINDING BACKEND ASSISTANCE WITH WEBSITE. – Val D.

- The Chair has done a lot of work discussing the website with the I.S.O. staff and researching vendors for website updates for improved functionality and accessibility.
- There are several vendors that have provided information on potential costs. Total ranging from \$3,000 to \$15,800 depending on services provided.
- It was suggested that we should have at least 3 written quotes from different providers, but it was noted that this process can be extremely pricey.

D. DISCUSS LIFELINER FLYER. – John C.

- It was reported that there were 391 Lifeliners who donated in the last year.
- A flyer has been produced to be distributed to every member of the fellowship.
- A question was raised as to if the B.O.R. needs permission to distribute the flyer to the Trustees at the B.O.T. meeting and it was reported that the Chair of the B.O.T. could approve it.
- There was a discussion about the receipt options offered on the flyer.
- A motion was made to modify the flyer receipt options section to “Email Receipt Requested” with checkboxes Yes/No and a line for the donor’s email address.

**MOTION SECONDED AND PASSED
FOR – 5 AGAINST – 2 ABSTAINED – 1**

Roll Call vote follows:

Andre G. – yes
Arnie F. – yes
Gary M. – yes
Guy H. – no
Jo K. – yes
John C. – yes
Val D. – abstained
Zach M. – no

Number of people who called in to listen to the meeting: one

Collected: \$41.00

Meeting ended with the Serenity Prayer at 12:14 P.M.

Next meeting will be May 20, 2023.

Respectfully submitted by Guy H., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

RECOVERY PROGRAM

As I go through the Recovery Steps this year, I'll be using several different pieces of our literature for these steps. I'm using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at www.gamblersanonymous.org.

I hope you find these helpful and they help you in your journey in some way.

Step Five – Admitted to ourselves and to another human being the exact nature of our wrongs.

It is suggested that this step be done shortly after completing Step Four, while the facts revealed in step Four are still fresh in one's mind. In Step Four, one can dig inside oneself, as most compulsive gamblers accumulated loads of guilt. In Step Five one can dispose of this guilt and cope with everyday problems. One can always look back, and must, in making amends, but no longer do you have to live with your personal guilt bag.

Selecting someone to help you with the fifth step is the next chore. The person should fill two needs; one, they should have the experience and wisdom to help see the situation more clearly and be a person who will keep the conversation completely confidential. Perhaps your sponsor will be the logical choice, your clergyman, or a good friend – **you** must make the choice. Reread the fourth step and use your notes as an agenda. Honesty, open-mindedness, and sincerity will make the whole thing go more smoothly. Your ego, which won't like the idea of displaying former misdeeds to another human being, will quickly accept the healthy atmosphere. You will see yourself more clearly after Step Four and this insight will remain. Self-knowledge has no bounds. Your newfound serenity will enable you to calmly listen and learn. Your awareness will really accelerate. Your relief at having disposed of this guilt will be tremendous.

Humility is a very elusive trait which seems to fly away from one who seems to feel they possess it. If this be so, you must seek to become a well-adjusted person and in so doing, gain humility which one does not realize one has. Do not take this step lightly or minimize its importance. Those who have done this step feel that guilt must be disposed of, and action through this step is the proper way to do it.

Guilt disposed of as suggested, will aid you in so many ways. Self-honesty is accelerated as you clearly see your guilt. No longer will you feel unique. Rather, you will join the human race knowing that you are not alone. What program teaches comes true. You will realize no two gamblers are alike, yet none is an original. Upon entering the program, one now feels a sense of being understood. No longer will you be alone, knowledge of this is exhilarating. As conflicts arise, however, one tends to pull away from this beautiful union. Now, the fifth step helps resolve these conflicts and you can say to all the world: "I am a human being."

Step Five is ego deflating and necessary.

1. We must talk about our defects to remove our guilt.
2. We must see what we were, to see what we can become.

DISCUSS:

- A. Habit of lying and hiding from problems. What was the outcome?
- B. Is identifying our defects (problems) 90% of the solution?
- C. Evidence of our immaturity – past and present.

Many feel it is not necessary to share humiliating experiences.

1. We are prone to carry burdens alone.
2. Dramatic descriptions of our gambling behavior are only offered.

DISCUSS:

- A. Has honesty with self and others improved since coming to GA? Explain.
- B. Has our therapy changed direction? Tone?
- C. How long can we carry resentments and anger? What happens?

Humility is born in Step Five. Our burden is lightened by admitting our defects to another human being.

1. We become forgiving by seeking forgiveness.
2. Many members feel closer to their Higher Power and man after working Step Five.

DISCUSS:

- A. How peace of mind is achieved by removing guilt and/or ending a lie.
- B. Describe the feeling of admitting to other GA members, at our first meeting, that we have a gambling problem.
- C. To whom should we seek to make our admissions? Sponsor? Friend? Spouse? Others?

“Big Shotism” often hides our true motives or painful experiences.

DISCUSS:

- A. What types of people do we tend to respect?
 - B. What types of persons do we tend to avoid?
 - C. Who do we trust?
 - D. Disasters caused by wanting too much or living beyond our means.
-

From the desk of your International Executive Secretary.

As we finish up the May edition of the Lifeline Bulletin, I'd like to say thank you to everyone who has donated to your International Service Office. You help us keep the doors open and continue to spread our message and help other compulsive gamblers who need help!

I'm in shock that summer is almost here already! It seems these years just fly by faster and faster each one! I recently got home from Cleveland, where we had the Spring 2023 Board of Trustees meeting. A lot of business was conducted during the meetings. Be sure to keep an eye out for those minutes coming up in a future bulletin.

When you worked Step 5, did you do it with a sponsor or someone else? For me, I did my Step 5 with my sponsor at that time. I chose my sponsor simply because I felt it would be weird for me to go to someone else who either didn't know me or who knew the old me and would judge me for my past transgressions. I found Step 5 helped me get rid of my big shotism that I walked into the rooms with. Working Step 5 also helped me find peace of mind and helped me start moving forward towards being happy, joyous, and free. I would love to hear about your experience with Step 5!

Be on the look out for Gratitude Week information. This year, Gratitude Week will be Sunday September 10 through Saturday September 16, 2023. There will be a flier/letter sent out soon to your Intergroup and/or RSO, as well as your trustees.

Yours in recovery and gratitude, KC B.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Hi Gang!

Enclosed is my Lifeliner contribution and an additional contribution in honor of Bob W.'s 40 years and acknowledgement of all the people he has helped.

Thanks, Tom M., California

Dear I.S.O.,

Thank you for your service to all of us.

Sincerely, Judy M., Windmoor, Florida

Dear I.S.O.,

Enclosed is the regular monthly contribution from our Friday Nazareth Hospital, Philadelphia group. Thank you for all you do and keep up the great work!

Your friend in recovery, John B., Philadelphia, Pennsylvania

Dear I.S.O.,

I just wanted to share what a wonderful picnic the North Palm Beach and Palm Beach Gardens rooms put on this year on April 2nd. We would like to commemorate this event with a donation to the I.S.O. It was certainly the GPOAT (greatest picnic of all time).

Thanks to all the brothers and sisters of North Palm Beach and Palm Beach Gardens with a special thanks to Abe T. for the invite.

Neal G., Plantation, Florida

Dear I.S.O.,

Thank you for your service.

Thank you, Drew J., Fort Worth, Texas

Dear I.S.O.,

Hope you are all well and safe. Congratulations to Stan F., 23 years, Grants Pass, Oregon; Beth N., 2 years, Roseburg, Oregon; Jason T., 7 years; Jeannine K., 3 years; and Doug S., 1 year, all from Eugene/Springfield, Oregon.

Thanks for all you do, Anonymous, Oregon

Dear I.S.O.,

Greetings from South Florida again. Please accept this donation from Plantation Friday night. Our room is blessed with the ability to give back and it feels so good.

Thank you, Neal G., Plantation, Florida

In Loving Memory

Dear I.S.O.,

The Piedmont Triad Meetings of GA in North Carolina are sad to announce the passing of our brother and trusted servant, Garnett P.

Garnett was one of the founding members of the Greensboro and Winston-Salem rooms. Everyone looked to GP as a sponsor and for support through tough times. He was a LifeLiner and would have had 24 years clean in August. He and his wife, Joyce, had been married for 60 years and were a huge part of the success of our groups in this area.

Everyone loves and will miss his guidance. RIP dear friend.

Please accept this donation in his memory.

Thank you for all you do, Gary G., Greensboro/Winston-Salem, North Carolina

ANNOUNCEMENT OF UPCOMING EVENTS

2023 Summerfest

22nd Annual Summerfest Retreat

June 8 to 11, 2023

St. Benedict's Lodge

56630 North Bank Rd.

McKenzie Bridge, OR 97413

For more information, please email summerfest@gaoregon.org

2023 and Beyond – Area 18A

42nd National Conference

August 25 – 27, 2023

Mantra Tullamarine Hotel

2 Trade Park Drive

Tullamarine, VIC Australia 3043

For more information, email gaconference18a@gmail.com or visit gaaustralia.org.au.

Live for Today

San Diego 2023

September 8 – 9, 2023

Doubletree by Hilton San Diego Mission Valley

7450 Hazard Center Drive

San Diego, CA 92108

For more information email sdgaconference@gmail.com

Abstinence vs. Recovery

Gamblers Anonymous Area 10 Mini Conference

September 8 – 10, 2023

Doubletree by Hilton Hotel

6200 Quarry Lane

Independence, OH 44131

For more information, email GA.Area10@yahoo.com.

2023 Chicagoland Intergroup

Fall 2023 International Conference

November 17 – 19, 2023

Hilton Oak Brook Hills Resort & Conference Center

3500 Midwest Road, Oak Brook, IL 60523

For more information, visit their website at

www.internationalconference2023.org

**INDIVIDUAL LIFELINER DONATIONS
RECEIVED IN THE MONTH OF
APRIL 2023**

ARIZONA

L211 Jim L.
L221 Janat G.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.
L964 Gregory B.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L18 Chris G.
L19 Wendy B.
L21 Ed E.
L31 Russell H.
L70 Keith B. x2
L73 Karen H.
L87 Mike S.
L88 Valerie D.
L100 Mazi S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L151 Murray F.
L158 Gagik G.
L209 Jose C.
L219 Leonard K.
L246 Patrick S. x2
L273 Victor S.
L298 Cathy F.
L301 Steve K.
L314 Alan S.
L367 Jerry L.
L390 Jack R.
L408 Ira B.
L419 Rufus B.
L432 Patrick P.
L453 Bennett S.
L461 Lisa W.
L476 Garrett C.
L480 Ezra B.
L496 Guy H.
L563 Zach M.

L580 Curtis G.
L593 Grant M.
L601 David L.
L609 Kathie S.
L617 Mike Z.
L623 Lucille T.
L636 Bob C. x2
L648 Edward K.
L678 Lynell B.
L701 David L.
L716 James B.
L772 Ara H.
L834 Candice B.
L836 Albert Y.
L871 Greg D.
L907 Joseph G.
L908 Jordan K.
L920 Jane J.
L946 Estella M.
L965 Brandon S.
L991 Jose R.

COLORADO

L147 Lou W.
L950 Ron G.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
L81 Paulette T.
L97 Chuck R.
L106 Ray H.
L143 Neal G.
L160 Jim C.
L175 Lloyd A.
L205 Steve P.
L225 Kevin K.
L233 Robert M.
L251 Frank G. x2
L261 Stephen S.
L313 Herman G.
L351 Russell H.
L420 Mark S.
L423 Kathleen H.
L450 Neil S.
L483 Victor C.

FLORIDA (cont)

L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L627 Pauline F.
 L695 Ronald B.
 L815 Linda S.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L956 Thomas C.
 L993 Carlos M.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.

INDIANA

L880 Fred B. x2

KANSAS

L918 Nancy W. x2

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MARYLAND

L162 Jim D.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEW HAMPSHIRE

L277 Roy W.

NEVADA

L75 K.C. B.

L150
 L317
 L325
 L410
 L439
 L486
 L507
 L561
 L599
 L612
 L690
 L846
 L975

NEW JERSEY

L174
 L179
 L183
 L212
 L213
 L223
 L266
 L311
 L349
 L350
 L429
 L433
 L438
 L497
 L524
 L547
 L589
 L699
 L856
 L863
 L961

NEW MEXICO

L572
 L662
 L847
 L906

NEW YORK

L278
 L308
 L322
 L465
 L852
 L882
 L887
 L951

Rollo V.
 Pat M.
 Terry D.
 Joanne F.
 Ira K.
 Zeny K.
 Mark S.
 Pilar L.
 Igor K.
 Dan Mc.
 Lenore D.
 Bobby B.
 Larry S.

 Mike D.
 Chris N.
 Robin D.
 Marshall R.
 Michael D.
 Fred D.
 Kivey G.
 Andrew D.
 George L.
 John D.
 Dennis S.
 Joseph F.
 Matthew C.
 Dave S.
 Richard T.
 John P.
 Ronald W.
 Craig H.
 Scott B.
 Kathleen P. x2
 Tom C.

 Liane M.
 Joel K.
 Catherine B.
 Mary F.

 Harlan S.
 Jordan P.
 Stuart B.
 Mohammed M.
 Norberto B.
 Joe B.
 Pierre J. x2
 Brad B.

OHIO
 L948 Edward G.
OREGON
 L584 Curt P.
 L881 Pam B.
 L912 David U.
PENNSYLVANIA
 L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.

L822 David S.
 L923 Mary M.
SOUTH CAROLINA
 L460 Louis M.
TEXAS
 L245 Alan S.
WASHINGTON
 L425 Terry D.
 L659 Connie M.
WISCONSIN
 L443 Constance T.

**INDIVIDUAL LIFELINER DONATIONS
 APRIL 2023**

ARIZONA (7)	125.00	MINNESOTA (1)	10.00
CALIFORNIA (57)	3,799.00	NEVADA (14)	415.00
COLORADO (2)	45.00	NEW HAMPSHIRE (1)	150.00
CONNECTICUT (1)	20.00	NEW JERSEY (21)	494.00
FLORIDA (33)	1,330.00	NEW MEXICO (4)	70.00
GEORGIA (1)	80.00	NEW YORK (8)	344.00
HAWAII (2)	77.00	OHIO (1)	20.00
ILLINOIS (5)	55.00	OREGON (3)	70.00
INDIANA (1)	30.00	PENNSYLVANIA (7)	178.00
KANSAS (1)	200.00	SOUTH CAROLINA (1)	20.00
KENTUCKY (2)	60.00	TEXAS (1)	50.00
LOUISIANA (2)	20.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	71.00	WISCONSIN (1)	15.00
MARYLAND (1)	15.00		
MICHIGAN (1)	5.00	TOTAL (183)	\$7,788.00

ANNIVERSARIES

48 YEARS	STEVE B.	5/15	Staten Island, NY
47 YEARS	RONNIE D.	5/5	Hicksville, NY
45 YEARS	AL O.	5/22	Lindenhurst, NY
44 YEARS	WALT D.	5/4	Paramount/Lakewood, CA
42 YEARS	MITCH P.	5/18	Wantagh, NY
40 YEARS	CHARLIE M.	5/23	Pomona, NY
39 YEARS	MAURY C.	5/1	Woodbury, NY
36 YEARS	HARRY H.	4/7	Media, PA
	BOB D.	4/8	Las Vegas, NV

36 YEARS (cont)	BILL H.	5/7	St. Albans, NY
	TED J.	5/12	48 th St., NY
35 YEARS	RICHIE W.	5/2	East 31 st St. Zoom, NY
34 YEARS	ELAINE S.	4/24	Las Vegas, NV
32 YEARS	PAUL B.	5/7	Patchogue, NY
30 YEARS	HOWIE D.	5/3	Rockville Centre, NY
	JOHN W.	5/23	Rochester, NY
29 YEARS	ALAN J.	5/9	East 31 st St., NY
28 YEARS	MICHAEL P.	5/13	Downey, CA
	STANLEY C.	5/16	Howard Beach, NY
	ROBERT G.	5/18	Staten Island, NY
27 YEARS	NOEL M.	5/20	Edison, NJ
	PAULA C.	5/24	Reno/Sparks, NV
26 YEARS	CONNIE M.	4/11	Vancouver, WA
	LENNY W.	5/6	Church on the Hill, NY
	DAVID F.	5/13	Church on the Hill, NY
25 YEARS	EZRA B.	5/13	Downey, CA
	CRAIG R.	5/16	East 31 st St., NY
24 YEARS	MARIAN A.	5/12	Las Vegas, NV
	BOB S.	5/22	West Hartford, CT
	RICH N.	5/30	Pomona, NY
23 YEARS	IRA G.	5/2	Wantagh, NY
	MIKE F.	5/23	Voorhees, NJ
22 YEARS	ART J.	4/2	Trappe, PA
	HOWARD R.	5/16	Voorhees, NJ
21 YEARS	YVONNE R.	3/15	Caulfield, VIC
	PATSY H.	5/2	Henderson, NV
20 YEARS	TODD L.	3/6	Albert Park, VIC
	BEAU	4/8	Calgary, AB
	CAROL H.	5/4	Las Vegas, NV
	JOHN O.	5/21	Ventura, CA
	MIKE L.	5/24	Turnersville, NJ
19 YEARS	SCOTT T.	4/17	Las Vegas, NV
	PHILAYNE K.	4/22	Las Vegas, NV
	RICK R.	5/4	West Bridgewater, MA
	MIKE S.	5/22	Woodbury, NY
18 YEARS	JOHN O.	4/20	Las Vegas, NV
	BRUCE B.	5/2	Voorhees, NJ
	ARCHIE T.	5/6	Reseda Zoom, CA
	PAUL S.	5/6	Lynn, MA
	DON B.	5/10	San Diego, CA
17 YEARS	SHANNON M.	4/7	Calgary, AB
	ARCHIE V.	4/9	Las Vegas, NV
	MARK R.	4/11	Las Vegas, NV
	TAMMY W.	4/27	Las Vegas, NV
	LEN B.	5/1	San Diego, CA
	AARON S.	5/6	Reseda Zoom, CA
	HENRY T.	5/25	San Diego, CA

16 YEARS	MARK S.	3/8	Caufield, VIC
	DOROTHY S.	4/20	Las Vegas, NV
	BRENDA R.	5/5	Reno/Sparks, NV
	ROBERT C.	5/9	Wantagh, NY
	HERMAN G.	5/10	Plantation, FL
	KEITH B.	5/13	Downey, CA
	KALMAN W.	5/21	Ocean Parkway, NY
	JACK G.	5/29	Hamburg, NY
	FRED W.	5/30	Rochester, NY
15 YEARS	RICK A.	4/15	Calgary, AB
	JAY J.	4/17	Las Vegas, NV
	BILL A.	5/2	Pomona, NY
	ROCCO M.	5/9	Baldwin, NY
14 YEARS	JOHN D.	5/16	Metuchen, NJ
	KEVIN V.	4/1	Methodist, PA
	DIETER	4/1	Calgary, AB
	CHUCK G.	4/3	Methodist, PA
	DENISE H.	4/29	Las Vegas, NV
	PETE C.	4/30	Willow Grove, PA
	ANDY H.	5/14	Los Angeles/Griffith Park, CA
	MADISON W.	5/26	San Diego, CA
13 YEARS	BRETT S.	4/16	Ephrata, PA
	LENORE D.	5/1	Las Vegas, NV
	ROB G.	5/2	Howard Beach, NY
	ELIZABETH C.	5/4	Las Vegas, NV
12 YEARS	DAVID W.	5/19	48 th St., NY
	DAVID T.	4/9	Havertown, PA
	SETH R.	4/19	Las Vegas, NV
	WAYNE	4/19	Calgary, AB
	JEREMY K.	5/7	Natick, MA
	JOHN T.	5/7	Natick, MA
	MAZI S.	5/10	Rancho Cucamonga, CA
	BEN G.	5/16	Douglaston, NY
11 YEARS	DIANE C.	4/3	Langhorne, PA
	BRIAN H.	5/10	Reno/Sparks, NV
	PAUL R.	5/10	Massapequa Park, NY
	BOB J.	5/11	Congers, NY
	SCOTT W.	5/18	Congers, NY
	ANTHONY F.	5/21	Buffalo, NY
	ALAN M.	5/22	Oceanside, NY
	JOHN G.	5/22	Reno/Sparks, NV
	ALLIE H.	5/28	San Diego, CA
10 YEARS	BILL B.	5/31	Patchogue, NY
	MIKE U.	4/20	Plymouth Meeting, PA
	BRIAN M.	4/27	Reading, PA
	RYAN M.	5/9	Voorhees, NJ
	REZ S.	5/11	Thornhill, ON
9 YEARS	SYDNEE M.	5/25	San Diego, CA
	BRAD S.	4/8	Plymouth Meeting, PA
	MIKE Sm	4/13	Las Vegas, NV

9 YEARS (cont)	MARIE H.	4/21	Havertown, PA
	MORRIS S.	5/3	Bensonhurst Recovery, NY
	RAUL H.	5/5	San Diego, CA
	MARIA G.	5/5	Forest Hills, NY
	KEN L.	5/13	Edison, NJ
	MEENA B.	5/20	Reno/Sparks, NV
8 YEARS	ROB P.	5/20	Las Vegas, NV
	JON D.	2/8	Dayton, OH
	TERRI R.	5/1	Henderson, NV
	BILL D.	5/2	Las Vegas, NV
	ROBERT	5/5	Reno/Sparks, NV
	MIKE S. #2	5/6	Staten Island, NY
	SHERRY D.	5/12	Reno/Sparks, NV
	MIKE S.	5/22	Staten Island, NY
	ROYA G.	5/23	San Diego, CA
	DOUG C.	5/25	Windsor, ON
7 YEARS	THOMAS W.	5/31	West Hartford, CT
	SUE B.	3/23	Albert Park, VIC
	JON V.	4/19	Las Vegas, NV
	LOIS D.	4/30	Wilmington, DE
	ROSSELLE H.	5/7	Reno/Sparks, NV
	STEVEN G.	5/9	San Diego, CA
	BOB W.	5/17	Las Vegas, NV
	MONICA S.	5/19	Getzville, NY
	JOYCE B.	5/21	Reno/Sparks, NV
	DELIA P.	5/23	East 31 st St., NY
	LINDA L.	5/25	San Diego, CA
	ANTHONY I.	5/28	5 Towns, NY
	BOB D.	5/30	Voorhees, NJ
	ANTHONY I.	5/30	Howard Beach, NY
6 YEARS	GREG C.	4/2	Las Vegas, NV
	SAMMY T.	5/3	Reno/Sparks, NV
	DENNIS B.	5/4	Taunton, MA
	KEN R.	5/4	Las Vegas, NV
	MARK M.	5/28	Plantation, FL
5 YEARS	PAT D.	4/1	Hamburg, NY
	MIKE S.	5/3	Taunton, MA
	ERIC O.	5/4	Ventura Zoom, CA
	SPIKE B.	5/5	48 th St., NY
	RICKY C.	5/8	Staten Island, NY
	RYAN H.	5/11	Wantagh, NY
	MORGAN	5/12	Reno/Sparks, NV
	TODD S.	5/14	Hamilton Square, NJ
	SPIKE B.	5/17	Bensonhurst Recovery, NY
	CAROLINA F.	5/19	San Diego, CA
4 YEARS	CHRIS N.	5/22	Burbank, CA
	ALICE F.	5/24	Yonkers, NY
	ANGELA A.	5/24	Greensboro, NC
	PETER	4/14	Calgary, AB
	MADELINE M.	4/24	Langhorne, PA

4 YEARS (cont)	VIVIAN W.	4/25	Winston/Salem, NC	
	SAM P.	5/4	Forest Hills, NY	
	JANGDAE G.	5/8	Daejeon, KOR	
	RYAN H.	5/11	Wantagh, NY	
	CHEONGDUCK S.	5/15	Seoul, KOR	
	RACHEL R.	5/18	Wausau, WI	
	INHU K.	5/18	Jeonju, KOR	
	CALVIN	5/20	Calgary, AB	
	MIKE G.	5/23	East 31 st St., NY	
	WAYNE L.	5/30	Windsor, ON	
	SPENSER V.	5/31	YMCA Townhouse, NY	
	3 YEARS	ANTHONY L.	5/10	Turnersville, NJ
		MATT M.	5/10	Rockville Centre, NY
JAMIE U.		5/27	San Diego, CA	
ZACH G.		5/30	East 31 st St., NY	
2 YEARS	JIM M.	3/22	Albert Park, VIC	
	ALEX S.	4/18	NE Philadelphia, PA	
	MIKE H.	4/19	NE Philadelphia, PA	
	MIKE M.	5/4	Windsor, ON	
	CLAUDINE S.	5/7	St. Francis/Bowery, NY	
	MARTY G.	5/10	Yonkers, NY	
	KEVIN Pa	5/10	Las Vegas, NV	
	LARRY	5/23	Wausau, WI	
	RON V.	5/24	Greensboro, NC	
	HORMOZ M.	5/28	Bowmansville, NY	
1 YEARS	TONYA K.	2/6	Dayton Zoom, OH	
	ALEX T.	3/14	Caulfield, VIC	
	ALICE LP	4/2	Las Vegas, NV	
	DAVID H.	4/6	Doylestown, PA	
	STEVE	4/8	Hamburg, NY	
	MIKE K.	4/14	Las Vegas, NV	
	TRAVIS K.	4/22	Auburn, CA	
	LEE W.	4/24	Bala Cynwyd, PA	
	BRIAN Y.	4/25	Plymouth Meeting, PA	
	CECILIA M.	4/27	Las Vegas, NV	
	DEBBIE S.	5/1	Oceanside, NY	
	JAY Y.	5/3	Reno/Sparks, NV	
	NICK B.	5/4	Linwood, NJ	
	PATTIE F.	5/6	Los Angeles/Hollywood, CA	
	DAVE F.	5/7	Henderson, NV	
	SELA L.	5/9	Voorhees, NJ	
	DAMION H.	5/16	East 31 st St. Zoom, NY	
	GAEPO P.	5/19	Seoul, KOR	
	JJ J.	5/23	Las Vegas, NV	
	GAVIN J.	5/25	Reseda Zoom, CA	
	BERTHA O.	5/26	48 th St., NY	
	GLADYS M.	5/26	48 th St., NY	
DAN B.	5/30	East 31 st St., NY		

I.S.O. CAN CONTRIBUTIONS

APRIL 2023

CALIFORNIA

C4	Anaheim Wednesday	32.00	C755	Anaheim Friday AM	2.00
C16	Anaheim Monday PM	12.00	C765	Fair Oaks Thursday AM	45.30
C28	Anaheim Sunday PM	38.00	C949	Mission Viejo Friday	6.00
C29	Anaheim Tuesday Noon	5.00	C1012	Irvine Thursday	98.00
C46	Anaheim Saturday		C1014	Irvine Thursday Step PM	10.00
	Women's AM	45.00	C1017	Simi Valley Thursday	92.00
C82	Anaheim Thursday PM	4.00	C1105	Sacramento Stop & Grow	
C161	Dana Point Saturday Step	15.00		Saturday AM	50.00
C184	Sacramento Tuesday AM	76.00	C1302	Roseville Friday	44.00
C185	Sacramento Thursday	27.00	C1352	Dana Point Saturday AM	23.00
C187	Sacramento/Fair Oaks		C1538	Anaheim Tuesday PM	81.00
	Saturday PM	23.00	C1694	Auburn Wednesday	22.00
C194	Orangevale Friday PM	70.00			

CONNECTICUT

C408	Branford Monday	150.00	C415	West Hartford Monday	56.00
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FLORIDA

C123	Singer Island	50.00	C263	Plantation Wednesday PM	24.00
C262	Plantation Friday PM	34.00	C1061	Spring Hill Friday	27.00

GEORGIA

C1539	Norcross Sunday	10.00			
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ILLINOIS

C65	Willa Rawls Manor	100.00	C528	Bolingbrook	60.00
C85	Kankakee	20.00	C659	Aurora Provena Monday	31.00
C146	Elgin Sherman Oaks		C991	Orlando Park Thursday	25.00
	Hospital Sunday	17.00	C1207	Lisle Women's Monday	12.00
C425	Elk Grove Village		C1512	ST. Gertrude-Chicago	
	Thursday	50.00		Sunday	20.00

LOUISIANA

C849	Slidell Sunday	22.00			
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MASSACHUSETTS

C398	Plainville Thursday	61.00	C830	West Bridgewater	
C748	Quincy Saturday AM	122.00		Saturday AM	40.00
C792	Hanson Thursday PM	48.00	C1007	Quincy Saturday	10.00
			C1600	Canton Tuesday	79.00

NEW JERSEY

C1457	Marlton Thursday	40.00			
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C1480 Oregon City Friday 26.00

C208 South Hills Tuesday 25.00

GROUP CONTRIBUTIONS APRIL 2023

ARIZONA		Delray Beach Sunday	
Scottsdale Saturday AM	100.00	Crossroads	100.00
CALIFORNIA		Gainesville Monday	15.00
Burbank Monday PM	88.00	Gainesville Thursday	15.00
Burbank/North Hollywood		Holiday Monday	75.00
Zoom	120.00	Lady Lake	15.00
Downey Saturday	80.00	Lakeland Tuesday	50.00
Hollywood Saturday	22.00	Naples Monday	70.00
Los Angeles Griffith Park		North Palm Beach Monday	50.00
Saturday	68.00	Plantation Tuesday	112.00
Los Angeles Griffith Park		Plantation Friday PM	50.00
Sunday	35.00	Pompano Beach Wednesday	50.00
Lincoln Wednesday	23.75	Port St. Lucie Wednesday	10.00
Lincoln Friday AM	21.25	Tampa Saturday Temple	
Lincoln Sunday	21.25	Terrace	50.00
Palm Desert Tuesday PM	79.00	GEORGIA	
San Francisco	100.00	Norcross Sunday Korean	10.00
Santa Monica Wednesday PM	34.00	ILLINOIS	
Sierra Madre Tuesday	54.00	Aurora Wednesday Zoom	2.00
Walnut Creek Tuesday	25.00	Deerfield Wednesday	20.00
COLORADO		Springfield Sunday PM	25.00
Denver Women's Monday PM	50.00	St. Charles Thursday	1.00
Denver Thursday	50.00	LOUISIANA	
CONNECTICUT		Baton Rouge Tuesday	25.00
Milford	80.00	MINNESOTA	
Pawcatuck Tuesday	10.00	Minneapolis Wednesday	80.00
DELAWARE		NEW JERSEY	
Wilmington Tuesday AM	10.00	Basking Ridge Saturday	50.00
Wilmington Saturday AM	50.00	Carlstadt Wednesday	50.00
FLORIDA		Hasbrouck Heights Saturday	25.00
Boca Raton Monday Women		Linwood Thursday	50.00
Helping Women	20.00	Metuchen Tuesday	50.00
Boca Raton Friday PM	75.00	Old Bridge	10.00
Boynton Beach Tuesday	20.00	Pompton Plains Tuesday	100.00
Daytona Beach Tuesday	45.00	Ridgewood Wednesday	50.00
Daytona Beach Thursday	45.00	Sayrewoods	50.00
Delray Beach Thursday		Toms Rivers Saturday	25.00
Crossroads	100.00	Toms River Sunday	25.00
Delray Beach Saturday		Westwood Monday	25.00
Crossroads	75.00		

NEVADA	
Grupo Nuevo Amanecer	50.00
NEW MEXICO	
Santa Fe Tuesday	38.00
NEW YORK	
Bronx- Monday PM Our Savior	50.00
Staten Island Thursday-Holy Rosary	10.00
Woodbury Monday	150.00
OHIO	
Dayton Sunday	75.00
Grandview Thursday	45.00
Holland Friday AM	300.00
PENNSYLVANIA	
Collegeville/Trappe Thursday	50.00
Doylestown Monday	50.00
Harrisburg Monday	20.00
Havertown Monday	50.00
Media Wednesday	50.00
NE Philadelphia Wednesday	25.00

NE Philadelphia Friday Nazareth	30.00
Philadelphia Saturday-Hunting Park	20.00
SOUTH CAROLINA	
North Myrtle Beach	100.00
TEXAS	
Dallas Pathways Sunday	45.00
Fort Worth Tuesday Online	30.00
You Are Fort Worth It Online	125.00
WASHINGTON	
Edgewood	100.00
Issaquah Wednesday	10.00
Snohomish Friday	10.00
Spokane @Country Homes	25.00
Sumner Thursday	50.00
Tacoma Monday	210.00
Tacoma Women's Thursday	120.00
KOREA	
Seoul, Korea	50.00

**INTERGROUP CONTRIBUTIONS
APRIL 2023**

Delaware Valley	150.00	New England	104.90
Detroit Toledo	33.50	Northern California	50.00
Florida West Coast	56.00	Northern Nevada	718.00
Greater Sacramento	30.00	Orange County	80.25
Houston/Gulf Coast	50.00	San Diego	186.95
L.A. Intergroup	150.00	Upstate New York	25.00
Long Island	300.00	Western Washington	20.00

**NATIONAL HOTLINE DONATIONS
APRIL 2023**

Area 1	L.A. Intergroup	14.00
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**BULLETIN SUBSCRIPTIONS
APRIL 2023**

Three Bulletin Subscriptions for a total of \$144.00

ONE TIME DONATIONS APRIL 2023

One-Time Donation in honor of Bob W.'s 40 years.
Tom M., Millbrae, California

One-Time Donation – Sunday morning phone meeting.
Miscellaneous Areas

One-Time Donation in congratulations to Stan F. of Grants Pass on 23 years.
Anonymous, Oregon

One-Time Donation in congratulations to Beth N., of Roseburg, on 2 years.
Anonymous, Oregon

One-Time Donation in congratulations to Jason T., on 7 years, Jeannine K., on
3 years, and Doug S., on 1 year – all from Eugene/Springfield.
Anonymous, Oregon

One-Time-Donation
John M., Coconut Creek, Florida

One-Time Donation
Rutgers Thursday, New Jersey

One-Time Donation in congratulations to Arnie W., on 55 years.
Bill B., Delray Beach, Florida

One-Time Donation in memory of Milton L., father of Marc L.
of Prescott, Arizona
Bill B., Delray Beach, Florida

One-Time Donation in memory of Mike I. of Las Vegas.
KC B., Las Vegas, Nevada

April Meeting Donation
Board of Regents, California

One-Time Donation in memory of Fred S. who recently passed away.
Pittsburg Intergroup, Pennsylvania

One-Time Donation in memory of Garnett P.
from Greensboro/Winston-Salem, North Carolina.
Greensboro/Winston-Salem Meetings, North Carolina

One-Time Donation – Arlene E., Owasson, Oklahoma

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
APRIL 2023**

CASH IN OPERATING ACCOUNT APRIL 1, 2023	\$ 77,346.81
INCOME FOR APRIL 2023	
Group Contributions	4,724.25
Lifeliners	7,788.00
I.S.O. Can Contributions	1,979.30
Intergroup Contributions	1,954.60
National Hotline Donations	14.00
One-Time Donations	682.57
Bulletin Subscriptions	144.00
Sale of Literature	20,769.23
Literature Shipping	3,708.75
Sales Tax Collected	245.76
Merchant Services Cash Reward	17.67
Interest From Checking Account58
PayPal Literature Processing Fees	798.77
TOTAL	\$ 42,827.48
CASH AVAILABLE FOR APRIL	\$120,174.29
EXPENSES FOR APRIL	
Rent & Cam Fees	4,315.20
Payroll	17,173.78
Payroll Taxes (Federal & State)	1,380.06
Quarterly State Sales Tax	504.00
Payroll Processing Fees	206.91
Office Expenses	2,318.07
Health Insurance	1,617.08
Telephone	455.25
Electric Bill	158.81
Computer/Internet	372.00
Conference Liability Insurance	268.52
Gas Bill	104.66
Lease/Maintenance Postage Meter Scale	449.27
Maintenance/Monitoring ADT Alarm	42.55
Monthly Air Conditioning/Heater Maintenance	30.00
Match For Employees Simple IRA	448.98
Visa/MC Service Fee	687.35
Literature	5,440.27
PayPal Literature Processing Fees	798.77
Postage	4,000.00
Lifeline Bulletins	513.56
TOTAL EXPENSES	\$ 41,285.09
MONTHLY NET INCOME (NET LOSS)	\$ 1,542.39
VOIDED CHECK AS OF MARCH 31, 2023	\$ 4,685.21
CASH IN OPERATING ACCOUNT AS OF APRIL 30, 2023	\$ 83,574.41
FISCAL YEAR STARTING JULY 1ST TO DATE NET INCOME (NET LOSS)	- \$ (7,112.91)

Literature Sale!

**Effective January 1, 2023, prices on items shown
below have been reduced while stock lasts.**

Reduced Price

- 0.25 Suggestions for a Successful 90-Day Room
- 1.00 Handbook for Judiciary, Lawyers, Counselors, etc
- 1.00 Towards Recovery in Prison
- 0.25 Have I Quit the Fellowship?
- 5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
- 1.50 Spanish Working the Steps Pamphlet
- 0.75 Spanish Beyond 90 Days Booklet
- 0.50 Spanish Let it Stay Here - Card
- 0.25 **Spanish** G.A. Coins
- 2.50 Spanish Slogans of the Program - Cards
- 0.50 Spanish Coping With Urges
- 0.50 Spanish Your First Meeting
- 0.50 Spanish New Member Retention
- 0.25 GA Treasury Guideline Example
- 1.75 Group Study Book on Unity Steps
- 1.50 G.A. Intergroup Handbook
- 0.75 G.A. Suggestions for New Member Retention
- 2.00 Beyond 90 Days on CD
- \$ 2.00 Towards 90 Days on CD
- \$ 3.00 Big Steve DVD
- \$ 3.00 Even Up The Odds DVD

2023 Fall International Conference

Chicago • November 17 - 19, 2023

Hilton Oak Brook Hills Resort and Conference Center
3500 Midwest Road, Oak Brook, IL 60523

Plan	Package	Conference and Meals
A	Registration and 2 Dinners	\$225.00
B	Registration Only (Includes Lunch Voucher)	\$75.00
C	1 Friday Dinner Only	\$75.00
D	1 Saturday Dinner Only	\$75.00

Room Rates of \$120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON. When booking your room, use the group code: CHIIIC and mention "2023 Fall Conference" to receive the discounted rates. Or use the following link:

<https://www.hilton.com/en/attend-my-event/chibhhh-chiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/>

For additional info, visit our website: www.internationalconference2023.org

RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023

TO RECEIVE THE CONFERENCE RATE

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O'HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

– 2023 International Conference Registration Form –

Registrant #1

Full name: (Required) _____

Plan(s) Selected: _____ Name on Badge _____

Check (X) One: GA _____ GAM-ANON _____ NON-AFFILIATED _____

Phone Number: _____ Email: _____

Street Address: _____

City: _____ State/Province: _____ Country _____

Registrant #2

Full name: (Required) _____

Plan(s) Selected: _____ Name on Badge _____

Check (X) One: GA _____ GAM-ANON _____ NON-AFFILIATED _____

Phone Number: _____ Email: _____

Street Address: _____

City: _____ State/Province: _____ Country _____

Amount Enclosed: _____ (\$100 Minimum Deposit. Balance due by 11/1/2023)

*Checks or money orders payable to **Chicago International Conference** can be mailed with complete Registration Form to:*

Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532

For additional payment information and more details, please see online instructions.

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!